



**CHILAKAMARTHI.COM - ABOUT SWACHH BHARAT AND SWACHH GODAVARI PUSHKARAS**

Dear Readers,

“YATRA SUCHI TATRA LAKSHMIHI” The law of Vedas regulates the Social, Legal, Domestic and Religious customs of Hindus to the present day. One of the strata depicts the importance of cleanliness. Where there is suchi (cleanliness) there will be money. The same should be applied to modern scenario. Cleanliness is portraying image of the country. Puranas/Sanathana Dharmas (Hinduism) have given top most priority to cleaning (Swachhtha). People from the past used to construct houses without effecting environment. People used to construct houses as per vastu. Here vastu means planning their lives and constructing house with proper usage of all five elements of nature and not effecting the environment. In olden days particularly in villages of India, people used to plant trees in their house and premises. Plants like Tulasi (Queen of herbs) are used to be found in almost every house earlier. Tulasi has healing property of the mind, body and spirit which is regarded in Ayurveda as an “elixir of Life”, which is well known to promote longevity. Also there are some of the plants people their houses and villages are Neem, pomegranate (Anaar), Lime, Orchid Trees etc. People used to plant Asoka trees, banyan, amla (gooseberry), coconut and other big trees in village. Ashoka tree has very significant medical properties particularly related to gynec problems. Some of the plants are worshiped as a goddess in India. All these trees possess Ayurvedic properties and help in keeping the environment clean. In olden days people in India used to clean their houses every day early morning. They used to visit temple or do puja in house. Particularly in grahanas (eclipse) time people used to clean their house and other premises 2 to 3 times a day. People in India have got cleanliness in their blood. Now a day, being in rat race situations, particularly young generation, they are unable to manage or do the minimum cleaning which they need to do in their own premises. I am not saying all the young generation is like that, but most of them are in such a stage.

I, Chilakamarthi Prabhakar Chakravarthy Sarma, Panchanga Kartha, Senior Engineer give my complete support from [www.chilakamarthi.com](http://www.chilakamarthi.com) to Sree Narendra Modis Swachh Bharat Mission. On behalf of this, I extend my complete support to Mission Swachh Bharat. On behalf of this event in particular to people in Navya Andhra Pradesh and Telangana states, I would like to suggest my readers to make it A Swachh Godavari Pushkaras in 2015-16 Manmada Naama Year.

**MISSION SWACHH GODAVARI PUSHKARAS BY CHILAKAMARTHI PRABHAKAR CHAKRAVARTHY SARMA:**

**KINDLY FOLLOW THESE THINGS AT THE TIME OF GODAVARI PUSHKARAS**

- 1) Pushkaras is meant for an auspicious time and people should go for Pushkara Snana. They have to go for removing their sins and to pray for the Devatas and Pitru devatas blessings, but not just for bathing in Godavari-river with soap/shampoo. So never carry soaps/shampoo to Godavari-river for pushkar snana. (Instead plan to bath with natural products as prescribed in Snan Vidhi of Pushkaras – with Turmeric (Haldi), Gandha and Neem leaves which are very good for human body and environment)
- 2) Don't throw any waste in Godavari-river like papers, plastic, covers etc. Throwing of the materials used for worship or rituals in the river is a sin.
- 3) Urinating in Godavari river is a sin. Stop doing that kind of activity.
- 4) Do not wash your clothes on the river banks. This should be avoided.
- 5) Use dustbins to throw Garbage.

“Keep clean, Let us create Swachh Bharat-good environment to future generation” The best time to start this is today and the clock strives hours to follow the above.

Thanks for reading and I will be very happy if you follow this.



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